



Connect GYDS to Google Fit

Another way you can Get Your Daily Steps counted for your Challenge at GYDS

Hint: Apple Health syncs great with Google Fit!



Why Google Fit?

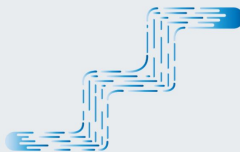
1. Google Fit is Free
2. Google Fit has an API that lets us connect and automatically retrieve your steps
3. Google Fit can track steps from Apple Health so we can see your activity from other services like your Apple Watch

Let's get Started!



Sign into GYDS

You should see this page -->



We are happy you are joining
the GetYourDailySteps Pax8
Challenge!

There are two important steps to register and connect to the challenge

- Create and then Sign into your (free) Fitbit account
- Grant permission to view your Activity to the Fitbit Challenge application

When ready, click the Connect button to complete these steps!

Connect

Need more info? Not sure what this is?

Get Your Daily Steps makes it easy for you and a group of friends, family, or coworkers to manage a daily steps competition using the Fitbit step tracker API! Be inspired to stay active and healthy in your daily life.

Do I need a Fitbit to participate?

No! If you have a modern iPhone or Android mobile phone you can register with Fitbit.com for a free account and use your phone to track your steps! Soon, we will be integrating with other step counting device providers like Garmin!



Update your Profile to Google Fit for your steps integration

Select and Save Profile

Step Counting Service Integration

Note: If you are switching to a new integration for the first time, make sure you visit your Challenge homepage afterwards and Connect!

- ☐ Fitbit
- ☒ Google Fit (Apple Watch support)
- ☐ Suunto (Coming soon!)
- ☐ Garmin (Coming soon!)



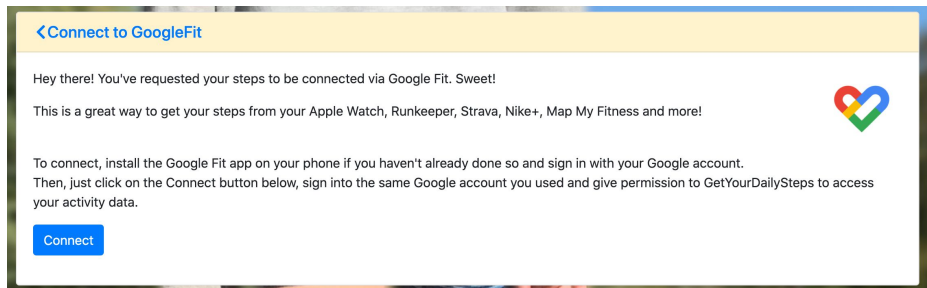
Click on the blue Connect button



Connect

You will be asked to Login or Sign up at Google.com. Use an existing Google account or sign up for one for free.

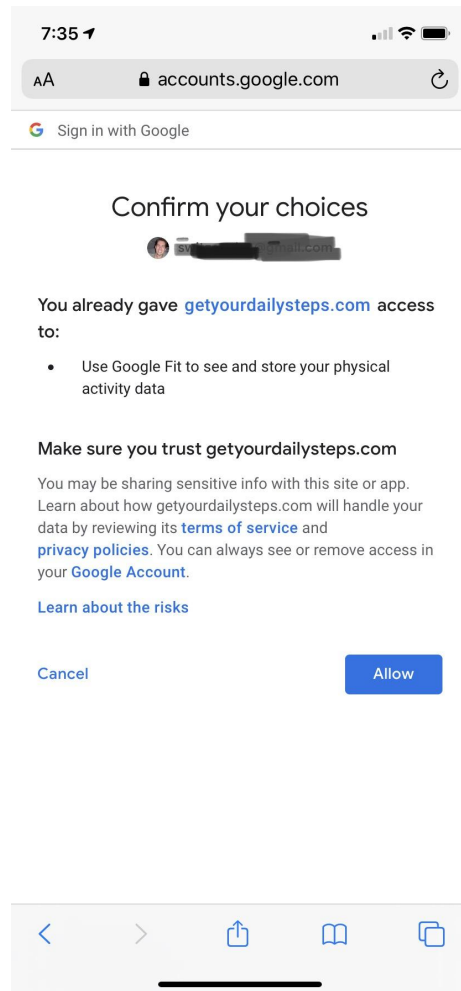
Note: Your email does not have to be the same as what you used at GYDS





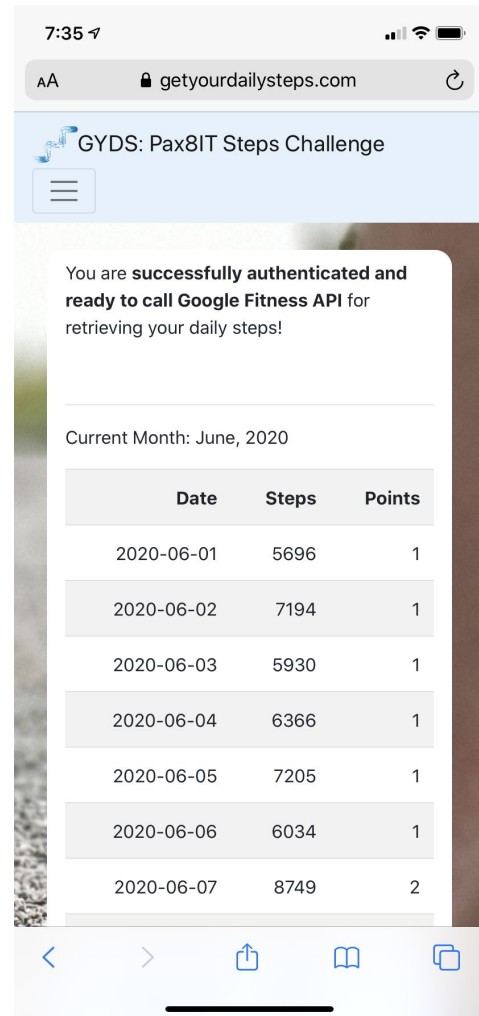
After you sign in to Google, you will be asked to Confirm and Allow permission to GYDS

Click the **Allow** button



Success! You should be back at GYDS and connected to Google Fit

If you were already syncing steps to the Google Fit app, you should see them now. If you are new to Fitbit or plan to sync steps with your mobile phone - see our other guides!



What's next?

Visit your Profile page and set your daily goal

Your Challenge homepage should give you a good idea of how many steps you are currently averaging per day. Challenge yourself with your daily goal! Upload a photo to represent yourself to your group.

