Connect GYDS to Fitbit

So you can get your Daily Steps counted for your Challenge at GYDS!

Why Fitbit?

- 1. Fitbit is Free
- 2. Fitbit has an API that lets us connect and automatically retrieve your Steps
- 3. Fitbit can track steps from your mobile phone if you don't own a Fitbit device

Let's get Started!

Sign into GYDS

You should see this page -->



We are happy you are joining the GetYourDailySteps Pax8 Challenge!

There are two important steps to register and connect to the challenge

- · Create and then Sign into your (free) Fitbit account
- Grant permission to view your Activity to the Fitbit Challenge application

When ready, click the Connect button to complete these steps!



Need more info? Not sure what this is?

Get Your Daily Steps makes it easy for you and a group of friends, family, or coworkers to manage a daily steps competition using the Fitbit step tr acker AP!

Be inspired to stay active and healthy in your daily life.

Do I need a Fitbit to participate?

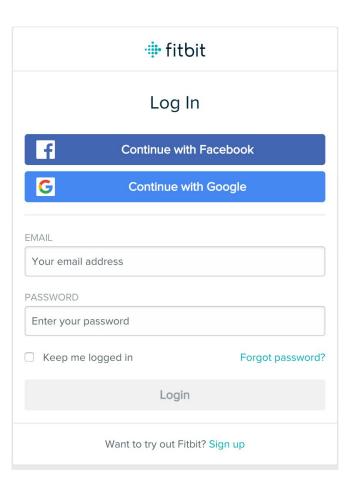
No! If you have a modern iPhone or Android mobile phone you can register with Fitbit.com for a free account and use your phone to track your steps! Soon, we will be integrating with other step counting device providers like Garmin!

Click on the blue Connect button

Connect

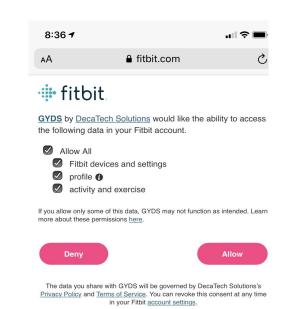
You will be asked to Login or Sign up at Fitbit.com. This account is free.

Note: Your email does not have to be the same as what you used at GYDS



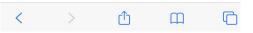
After you sign into Fitbit, you will be asked to Allow permission to GYDS

Check Allow All and then click the **Allow** button



Signed in as bob@alanswitzer.com

Not you?



Success! You should be back at GYDS and connected to Fitbit

If you were already syncing steps to Fitbit.com, you should see them now. If you are new to Fitbit or plan to sync steps with your mobile phone - see our other guides!

